BUNGARRIBEE

Volume 59 Issue 29 18 February 2020

R.I. President Mark Maloney

District Governor 9675 Dianne North

Club President Mel Gray





ROTARY CLUB OF BLACKTOWN CITY INC.

CHARTERED 16TH NOVEMBER 1961 INCORPORATED 25TH JUNE 1991

Meetings held Tuesday Nights. 6 for 6.30 in the Marana Room at the Blacktown Workers Club, Campbell Street Blacktown.



DUTIES FOR THE 18 February 2020

Meet & Greet	Dinner Fees	Grace & Loyal Toast	International Club Recognition	Program Chair	Note Taker
Scotty McInally	Geetha Erwatt	Dick White	Bob Gardiner	Tess Sayas	Paul Reid

UPCOMING DUTY ROSTER

DATE	25 February	3 March	10 March
DINNER FEES	Len Winter	Keith Waller	Russell Ashley
GRACE & LOYAL TOAST	Geetha Erwatt	Ivan Kelly	Liz Amper
INTERNATIONAL CLUB RECOGNITION	Spiro Constantino	Gary Raymond	Marideth Laquian
PROGRAM CHAIR	Mel Gray	Mel Gray	Mel Gray
NOTE TAKER	Tess Sayas	Geetha Erwatt	Pam Carne

UPCOMING EVENTS & PROGRAMS

DATE	SEPTEMBER- OCTOBER – NOVEMBER- DECEMBER	
15 February 2020	BBQ & Trailer Clean Up at Showgrounds	
18 February 2020	Guest Speaker : Geeth Geeganaga – NBN	
25 February 2020	Guest Speaker: DR.James Nol – Blacktown Hospital "Radiology at Home"	
3 March 2020	`Guest Speaker ; Leanne Harris – Blacktown Credit Union	

	"Growth of a Credit Union"
10 March 2020	`Guest Speaker ; Genus Sayas/ Cassandra Waller International Women's Night"
14-15 March 2020	Blacktown Show
17 March 2020	Guest Speaker ; Val Schaninsky – Author "Diseases Imparing Driving"
24 March 2020	Guest Speaker ; Martha Gounial / Rennee Smith "Sailors with Disabilities"

ROTARY GRACE

O Lord & giver of all good We thank thee for our daily food May Rotary friends & Rotary ways Help us to serve thee all our days.

THE 4 WAY TEST

Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL &
BETTER FRIENDSHIP?
Will it be BENEFICIAL to all?

INFORMATION FOR MEMBERS - FEBRUARY

Date joined our Club; Tony Orr 15th, David Bamford 18th

Birthday's; Paul Reid 7th, Manie Stalker 15th, Liz Amper 28th

Partners Birthday's; Mary Makinson 12th

Wedding Anniversary's; None

CLOSEST MAKE UP CLUBS

Holroyd - Mondays 6.00pm for 6.30 Merrylands Bowling Club
Mt. Druitt - Wednesdays in the Bistro 6pm for 6.30 before heading to the meeting rooms.
St. Mary's - Tuesdays 6.00pm - 7pm & then for a meal 7.00 to 8pm a meeting room in the St. Mary's Band Club.
1st; 2nd. & Tuesday of the month.

A REMINDER FROM PAM

APOLOGIES & OR GUESTS NAMES FOR FUTURE MEETINGS ARE REQUIRED BY MID-DAY MONDAY. PLEASE TEXT OR PHONE PAM ON 0414764604 IF YOU HAVE A GUEST OR CAN'T TTEND. PLEASE NOTE THAT IF YOU ARE ON THE DUTY ROSTER TO ASSIST FOR THE NIGHT & ARE UNABLE TO ATTEND THE MEETING COULD YOU ASK ANOTHER MEMBER TO YOU'RE YOUR PLACE FOR THAT NIGHT.

People say that drinking milk makes you stronger.

Drink 5 glasses of milk and try to move a wall.

Can't?

Now drink 5 glasses of wine. The wall moves all by itself!



I think my wife has started to show the first signs of Alzheimers...

She said she can't remember what she ever saw in me!

A bit of nostalgia for Bob Gardiner and those devotees of the 2009 Bungarribbee.

On this day 11 February;

- 55 Britannicus, son of the emperor Claudius, dies suddenly before his 14th birthday. Nero becomes favored heir.
- 1788 Governor Arthur Phillip convenes the first sitting of the Court of Criminal Judicature in Australia. Seven officers sit as judges
- 1824 St. James 'Church Sydney, designed by Francis Greenway, is consecrated by Rev. Samuel Marsden. It still stands next to Hyde Park
- 1858 St Bernadette of Lourdes, first has a vision of the Virgin Mary at Lourdes, France, leading to the foundation of the shrine at Lourdes
- 1949 Paul Denis Reid turned 4 days old
- 1956 Australian correspondent Richard Hughes representing The Daily telegraph in Sydney, finds missing British spies Guy Burgess and Donald Maclean in Moscow
- 2009 Naval diver Able Seaman Paul Degelder, 31, is attacked by a shark whilst working underwater off Garden Island losing a hand and a leg
- 2011 Egyptian President Hosni Mubarak's resignation is announced on national television, causing an army pf protesters to dance and sing in the streets
- 2012 American singer Whitney Houston is found dead in her bathtub, having accidently drowned, thought to be caused by consuming a cocktail of drugs
- 2019 Nearly 100 people die consuming illegal manufactured poisonous alchol in Uttar Pradesh in India.

LAST WEEKS NOTES WERE TAKEN BY RAY STANWELL

Rotary Club Meeting 11 February 2020

President Mel Gray opened the meeting and asked Bob Smith to lead us in us in Rotary Grace and the Loyal Toast. Roma Price read the Rotary International Club recognition of Japan and Rotary Club of Tokyo:

Tonight along with the national day of Japan celebrated on the 11th of February we recognise the Rotary club of Tokyo. It was established in1921 and it has 337 members.

The president is **Taito Yamamoto** and the secretary is **Noboru Matsuoka**

Japan consists of over 6,800 islands.

Home to 33 million people, the Tokyo-Yokohama metropolitan area is the largest populated metropolitan region in the world.

The Japanese eat more <u>fish</u> than any other people in the world, about 17 million tons per year. Japan is the world's largest importer of seafood.

Japan has the second lowest homicide rate in the world, but it also home to the spooky "<u>suicide</u> forest" Aokigahara at the base of Mt. Fuji. It is the second most popular place in the world for suicides after San Francisco's Golden Gate Bridge.

Twenty-one percent of the Japanese population is elderly (over the age of 65), the highest proportion in the world. There are more elderly than there are children in Japan today.

The Japanese have such a low birth rate that there are more adult diapers sold than baby diapers.

Each <u>spring</u>, Japan has a festival that celebrates both the penis and female fertility called Kanamara Matsuri, or "Festival of the Steel Phallus

Ladies guests and fellows, I give you the Rotary Club of Tokyo

Apologies from Ken, Geetha, Tony, David, Scotty, Maredith, Tess, Ashish, Nanette, Jack & Ivan

President Mel welcomed our guest speaker Megan Thomas from Dementia Australia.

Quote from Mel "If you are working on something that you really care about, you do not have to be pushed. The Vision pulls you"- **Steve Jobs**

President Mel

Advised that the Club had received an email from Blacktown regarding dates of Citizenship Ceremonies for this year, and including advice that the timing for our information stall has been cut down to be wrapped up by 7.20pm. Due to these changes and the lack of recognition of the booth on the night by Council and lack of patronage and results the Board has decided that we will no longer attend the ceremonies.

President Mel also advised that Simple Voices Choir have now received an email from St. Joseph's Primary School Eugorwa thanking them for the donation on our recent trip to Forbes and that the funds were used to purchase new reading books for the school library.

Adopt a Road cleanup was washed out last Sunday 9th with Keith & Mel instead having a coffee break

Director's Reports;

Rob Smith reminded members of the cleaning of BBQ and trailer 15 February 2020. Also full club effort required for Blacktown Show 14-15 March 2020

Pam Carne; International Night has been deferred until 30 May 2020 now in Ballroom at Workers' Club

Sergeants Session provided a means to secure all our small change and any other donations. Well done Gary

President Mel introduced our guest speaker for tonight Megan Thomas from Dementia Australia;

Megan gave an interesting presentation on Dementia which included the following precis;

Did you know 1 in 56 Australians are living with dementia? That's 459,000 currently suffering. Second biggest cause leading to death. There are 120 different types of dementia and people in their 30's also can get this, so it's just not only the elderly. The cause is still unknown, but a good diet, exercise and active mind can help.

Dementia can happen to anybody, but the risk increases with age. Most people with dementia are older, but it is important to remember that a majority of older people do not get dementia. It is not a normal part of ageing, but is caused by brain disease. Less commonly, people under the age of 65 years develop dementia and this is called 'younger onset dementia.

Dementia describes a collection of symptoms that are caused by disorders affecting the brain. It is not one specific disease. Dementia affects thinking, behavior and the ability to perform everyday tasks. Brain function is affected enough to interfere with the person's normal social or working life. The hallmark of dementia is the inability to carry out

everyday activities as a consequence of diminished cognitive ability. Doctors diagnose dementia if two or more cognitive functions are significantly impaired. The cognitive functions affected can include memory, language skills, understanding information, spatial skills, judgement and attention. People with dementia may have difficulty solving problems and controlling their emotions. They may also experience personality changes. The exact symptoms experienced by a person with dementia depend on the areas of the brain that are damaged by the disease causing the dementia. With many types of dementia, some of the nerve cells in the brain stop functioning, lose connections with other cells, and die. Dementia is usually progressive. This means that the disease gradually spreads through the brain and the person's symptoms get worse over time.

The Helpline operates nationally from 9.00am to 5.00pm Monday to Friday excluding public holidays. A message service is available so if you call outside operating hours, we'll call you back the next working day.

ph: 1300 636 679

Megan was asked many questions and thanked by Mel and Members.

PHOTOS FROM LAST WEEKS MEETING TAKEN BY KEITH





















Photos in chronological order; Paul, President Mel & Megan Thomas, Roma, Ted, Spiro & Manie, Bob, Megan, Liz, Cheetan & Bob, Gary.

DISTRICT SECRETARY'S REPORT

Dear President and Secretary

- 1) **The Rotary Club of Cronulla** invites all Rotarians and friends to join in the celebration of their 70th Birthday on Friday 27th March at Cronulla RSL, 38 Gerrale St., Cronulla at 6.30pm for 7.00pm. Cost is \$80 pp. Contact Carol Denison 0402 072 270. Please see attachment for more information and booking details.
- 2) **The Rotary Club of Cronulla** invites you on **TUESDAY, 18 FEB** to a movie showing of Clint Eastwood's latest Oscar Nominated film, Richard Jewell at Events Cinemas Miranda. We are raising funds for our Fiji Project. This part of the project involves extending the medical clinic our club has worked with over the years. Since our involvement, the clinic has gone from servicing just the 1 village, to now servicing 4 villages. Booking details are: https://www.trybooking.com/BHVXZ

Rotarians and friends of the Rotary Club of Cronulla, are also planning a visit to Fiji in October to see how the construction is going, visit the hospitals and schools, and check for further development needed in the area. If you would be interested in joining our trip please contact Irene Parker: 0425 272 704 or Kim Ruth: kimberly.c.ruth@gmail.com

- 3) If you would like to know more about becoming a **District Governor**, you are invited to the information evening which will be held on Wednesday 19th February at Level 3 RDU House 43 Hunter St., Parramatta, starting at 6PM. If you would like to apply to be our District Governor for 2022-23 or if you simply just want to come along for some more information, please RSVP to DG Dianne at <u>districtgovernor@rotarydistrict9675.org.au</u>. Nominations for the position will close at 5PM on Friday 20th March. The interviews and selection for District Governor 2022-23 will take place on Thursday night 26th March.
- 4) The combined Rotary Clubs of the Sapphire Coast (southern NSW Bega, Merimbula, Pambula) have now set up a RAWCS project for their bushfire relief and recovery at https://donations.rawcs.com.au/75-2019-20. They are now asking people to visit their towns. Tourism to this part of the world, is way below what would normally be expected. Rotarians can help in their revival. There is also a request that if you have a caravan you no longer use, would you consider donating it to a family in need? Please contact PDG Phil Armstrong (Moruya) philaarmstrong@gmail.com 0418 259 963. Please see the attachment for more information.
- 5) Many of you will know about **Musica Viva**, the largest chamber music organisation in the world. Rotary shares similar values with Musica Viva and they would like to foster the relationship. Their programs sometimes overlap, creating synergy that can turn up the impact of what Musica Viva is trying to achieve. Musica Viva will be performing at the 2023 RI Convention in Melbourne. They have been commissioned to compose and perform a piece of music to raise funds for bushfire relief and to entertain affected communities. They also provide Music for Children in remote areas where Rotary Clubs can provide the local interface. This is an immediate project where Rotarians can help. Anne Frankenberg, the Deputy Chief Executive Officer of Musica Viva has sent through a request. They have a large volume of donated musical instruments stored at the NSW Salvation Army warehouse in Minchinbury for the Don't Stop the Music program for schools in need. These instruments need to be wrapped, weighed and measured for freighting to the schools. Are there any Rotarians in local clubs who would like to volunteer? A date and time has not yet been set. Please contact District Governor Dianne if you would like to assist districtgovernor@rotarydistrict9675.org.au
- 6) A request has been received from District Governor Ward Garner from Pittsburgh, Pennsylvania, USA to locate a willing club to receive a **Global Grant Scholar Graduate Student** for University of South Wales. If any club is interested please contact District Governor Ward Garner (D1718) DGWard1718.gmail.com@clubrunner.email
- 7) The Rotary Club of Pakuranga invites you to join the Ultimate 18 Day Rotary Tour of New Zealand

The Tour Key Points and Highlights are:

- · 2 meals in Rotarians homes, and 2 Rotary Meeting visits.
- Tour size is limited to 26 persons (Within a 30/33 seater coach.)
- · Accommodation will be 4 to 5 star and includes all breakfasts.
- Two night stays in all big city stopovers and 'not too early' start times.
- A professional 'Top Tour Guide' will travel with you throughout the Tour.
- The 18 day Tour includes both the North and South Islands of New Zealand.

The following details some of the 62 items that are included within the Tour price:

An official Rotarian Welcome at the 'Grand Millennium' Hotel, Gift packs, Guided Tour of Auckland,

Entry to the Auckland Museum, Visit to the 'Auckland Sky Tower', Tea Tour and Tastings at Zealong Estate,

Guided Tour of 'Hobbiton', Guided Tour of 'Rainbow Springs' and 'Kiwi Encounter', Guided tour of Te Puia

including a Maori Cultural Performance and Hangi dinner, visit to the Huka Falls, Wine tasting in Napier,

Guided Walking Tour of downtown Napier, Sightseeing Tour of Wellington, Guided Tour of 'Weta Workshop',

Ferry from Wellington to Picton, Hanmer Springs, Lake Tekapo, Lake Pukaki, Arrowtown, Queenstown,

Invercargill, Milford Sounds, Sightseeing Tour of Dunedin, Orientation Tour of Christchurch City Centre.

Special 'Early-Bird' Fares:

NZ\$7,750 per person for two people sharing a room. (Approximately AUD 7,300)

NZ\$9,750 per person for a single person in one room. (Approximately AUD 9,200)

Please email: peter.hawkins@xtra.co.nz to request the 8 page full Tour details.

Kindest Regards

Janice M Hall
District Secretary

Some sic humor





